

# “Practical Freedom”

Jesus' Church Discipleship: Phase 1, Session 6 “The Vine” Handout

## Message Notes

### John 8:31-36

Knowing about freedom and living free are two different things.

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### Where Bondages Come from

Psalms 51:5 → Our \_\_\_\_\_

Galatians 5:1 → Our \_\_\_\_\_

Exodus 20:5-6 → Our \_\_\_\_\_

2 Timothy 2:20 → Yielding \_\_\_\_\_

### Breaking Curses, Entering into Blessings

- \_\_\_\_\_ Galatians 3:13  
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- \_\_\_\_\_ 1 John 1:9  
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- \_\_\_\_\_ 2 Corinthians 5:17  
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- \_\_\_\_\_ Exodus 20:5-6  
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- \_\_\_\_\_ James 5:13-16  
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- \_\_\_\_\_ Ezekiel 28:18-19  
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- \_\_\_\_\_ James 4:7  
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- \_\_\_\_\_ Romans 8:26-27  
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- \_\_\_\_\_ Proverbs 18:21  
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- \_\_\_\_\_ John 15:1-12  
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## At Home Time with God

In your daily time with God, follow the guide below to reflect on what God spoke about Freedom in Christ and to reinforce how He's working His will in your life.

### Sunday and/or Monday

Enter into a time of prayer. Write down any life experiences that were bondages in your past or continue to come back and affect you even now.

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Pray through the prayer on the back of this “Vine” handout and specifically mention these bondages as you pray through the prayer.

### Tuesday and/or Wednesday

Enter into a time of prayer. Write down any family history that seems to be bondages in your family bloodline. They can be spiritual or related to health, relationships, work, ministry, or even finances.

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Pray through the prayer on the back of this “Vine” handout and specifically mention these bondages as you pray through the prayer.

### Thursday, Friday, and/or Saturday

Continue to pray daily through the prayer on the back of this “Vine” handout, declaring and proclaiming freedom in your spirit, soul, body, health, relationships, finances, and every area of your life. Pray Thursday for yourself, Friday for your loved ones, and Saturday for your church family.

## A “Freedom” Prayer Guide

**Instructions:** *Enter into a time of prayer and worship. When ready, pray through the prayer below, declaring and proclaiming it. Be specific with the areas and issues that are real to you and your family based on your life experience and family history. End with praise and thanksgiving to God for your freedom in Christ.*

I proclaim that “Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: ‘Cursed is everyone who is hung on a tree’” (Galatians 3:13).

In the name of the Lord Jesus Christ, I now bring the fullness of his cross, death, blood, and sacrifice, his resurrection, life, and empty tomb, his authority, rule, and dominion; I bring judgment from the Lord Jesus Christ against every foul power, witchcraft, black art, and curse. I bring Jesus Christ cursed for me against all curses that have been raised against me—written, spoken, unspoken, or transferred to me. [If you know what the exact curses are, it helps to name them. For example, “all curses of death,” or “all curses on my marriage or my health,” etc.]

I bring the blood sacrifice of Jesus Christ, the Son of God, his blood shed upon the cross, against all blood sacrifices and rituals and their every claim against me. I bring Jesus Christ, the Son of God, sacrificed for me, against all ritual sacrifices and their every claim against me. I bring the dedication of Jesus Christ for me in death upon the cross against all ritual dedications. In the name and by the blood of Jesus Christ, I break the power and hold of every curse that has come to me through ritual or ritual sacrifice. In the name and by the blood of Jesus Christ, I break the power and hold of every curse that has come to me through transfer by another human being. In the name and by the blood of Jesus Christ, I break the power and hold of every curse that has come to me through words spoken. In the name and by the blood of Jesus Christ, I break the power and hold of every curse that has come to me through occult practices.

In the name of Jesus Christ, I declare every legal hold and every legal ground of the enemy broken, disarmed, and destroyed. Satan has no hold over me now through curses or occult practices, through sacrifices or any ritual of any kind. Through the blood of Jesus Christ, I am free. Thank you, Jesus, for setting me free. I order these curses and claims utterly disarmed and dismantled now, through the power of the blood of Jesus Christ, and in his name.

In the name of Jesus Christ, I command all demonic spirits that have gained access to me through curses and rituals cut off and banished from me and my household, in the mighty name of the Lord Jesus Christ.

Jesus, I ask you to send your angels now to completely disarm all curses and black arts from me; disarm their every device and render them destroyed. I ask your angels to remove all foul spirits involved in these curses and black arts and bind them to your feet for judgment.

I now claim every spiritual blessing that my Heavenly Father has given to me in Christ Jesus (Ephesians 1:3). I claim those blessings right here in the very place of all cursing, by the authority and power of the Lord Jesus Christ, and in his name. Jesus, may these things be fully accomplished now through your mighty name. I give you thanks and honor and praise. All of this I pray by the authority and in the mighty name of the Lord Jesus Christ of Nazareth, who came in the flesh.